

WRITTEN RESCUE PLAN

Communication:

What communication systems will be used between the suspended worker and supervisor / rescue team?

Direct voice communication ☐ Mobile Phone ☐

Whistle ☐ Two-way Radios / Headsets ☐

Other;

Emergency Contact:

In the event of a fall from height, the supervisor will immediately alert the rescue team and first aid.

If the rescue team cannot affect a rescue within 5 minutes Emergency Services are to be called at once.

Name of this site: Supervisor:

First Aid Attendant(s):

Fall From Height RESCUE TEAM MEMBERS:

EMERGENCY PHONE NUMBERS - CALL 9-1-1 or

Fire: Police: Ambulance:

Safety of Rescuers:

Are Operators trained and competent to use of rescue equipment? Yes ☐ No ☐

Are Rescue training records current? Yes ☐ No ☐

Are there a sufficient number of rescuers available? Yes ☐ No ☐

Is rescue equipment appropriate for nature of work? Yes ☐ No ☐

What obstructions are in the way of reaching the suspended Operator? (Detail):

Have assessments been made of anchor points, and are they acceptable? Yes ☐ No ☐

Has consideration been given to the method of attaching the casualty? (Detail): Yes ☐ No ☐

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How will rescuers get to casualty?

- | | | | |
|---|--------------------------|---|--------------------------|
| Rescue ladder | ☐ | Pull casualty up through floor / roof | ☐ |
| Remote Rescue Kit | ☐ | Climb / repel down building / structure | ☐ |
| Keys to building and roof | ☐ | Suspended access equipment | ☐ |
| Elevator | ☐ | Aerial equipment from ground | ☐ |
| Pull casualty in through window / balcony | ☐ | Crane man basket | ☐ |

What equipment is needed to ensure rescue within 5 minutes, to minimize suspension trauma?

- | | | | |
|-------------------------------|--------------------------|------------------------|--------------------------|
| Rescue ladder | ☐ | Low Height Rescue Kit | ☐ |
| Aerial truck | ☐ | Crane man basket | ☐ |
| Rescue Kit – Winch | ☐ | Descent Rescue Kit | ☐ |
| Suspended access equipment | ☐ | Stretcher | ☐ |
| Rescue Kit – Haul-up | ☐ | Elevated Work Platform | ☐ |
| Climbing / rope rescue system | ☐ | First Aid Kit | ☐ |

If Worker is injured

Can the casualty still be rescued within 5 minutes? Yes ☐ No ☐

Is a qualified first aider who understands suspension trauma present? Yes ☐ No ☐

Who will alert emergency services and the hospital? (Detail):

How will others be protected?

Assign someone to direct traffic	☐	Set up barriers	☐
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Other;

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How will Accident scene be protected?

Prevent further injury or damage	☐	Set up barriers	☐
Preserve wreckage	☐	Take photographs	☐
Notify Employer	☐	Notify Ministry of Labour	☐

Other Considerations:

Precautions for working alone (Detail):

Unusual features of building / structure (Detail):

Weather Conditions (Detail):

Proximity to emergency services / hospital (Detail):

Language barriers (agency / contract staff) (Detail):

APPROVAL OF WORK AT HEIGHT RESCUE PLAN:

Supervisor:

Name (print):

Cell Phone #

Signature:

Date: